



# Adventure Travel Checklist

When packing for an international adventure trip, keep your most important documents with you at all times and your essentials in your carry-on. Remember, you want to go as light as possible, so try to choose items that will do double duty whenever possible.



## Travel Documents

- Passport
- Driver's license *(or equivalent)*
- Travel insurance
- Entry visa *(and other paperwork)*
- Scanned copies of above *(stored on phone and shared securely with contacts at home)*
- Photocopy of passport *(carried with you in separate location from the original)*
- Currency valid at destination
- Trip itinerary
- Reservation confirmations *(travel, hotel, car, etc.)*
- International health card with immunizations
- List of key phone numbers *(stored separately from your phone)*
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



## Travel Gear

- Water bottles and/or reservoir
- Water disinfection system or tablets
- Headlamp or flashlight
- Binoculars
- Trekking poles
- Knife or multi-tool *(in checked luggage)*
- Book/reading material
- Field guides; historical guidebooks
- Language phrase book
- Journal or sketchbook with pens/pencils
- Quick-dry travel towel
- Sleep sheet *(or sleeping bag liner)*
- Travel pillow
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



## Packs & Luggage

- Travel pack or duffel
- Daypack or waist pack
- Packing organizers
- Pack raincover
- RFID wallet or money belt
- Dry bag *(for wet clothes)*
- Resealable plastic bags
- Luggage locks *(TSA approved)*
- Luggage tags *(2 per bag)*
- \_\_\_\_\_
- \_\_\_\_\_



## Personal Items

- Cellphone *(with weatherproof case)*
- Charging cables and plugs
- Headphones
- Electrical adapters/converter
- Portable power
- Camera or action camera
- Camera bags
- Extra batteries
- \_\_\_\_\_
- \_\_\_\_\_

